



## personal shopper



**Q** In the next month I have my office Christmas do, a glamorous lunch with friends and an evening wedding. I will be seven months pregnant: what can I wear to all of them?

**A:** Invest in **Isabella Oliver's** ruched midi tank dress, shown here, for £109 (£99 for the sleeveless version). You can wear it post-pregnancy, too, so it's well worth the money. As the dress is fitted it lets your accessories do the talking, which means you can create different looks. For the wedding, add a sequined jacket like this one from **Monsoon** (top, £95), or a stole like **Zara's** fake-fur offering (below, £39.90), with sparkly jewellery (**Debenhams'** glittering necklace, left, is £20) and low heels. For the glam lunch make the outfit into a two-piece – layer a soft knit over the dress and use a belt or tie under your bust. Wear with boots or flats. Finally, for the office do, add a smart jacket or cardi jacket, a vibrant clutch like this one from **George at Asda** (left, £7) and low heels.



**Q** I started using organic beauty products during my pregnancy and want to continue – but they're not cheap. Can you recommend an affordable range?

**A:** The supermarkets are your saviour. **Tesco's** vast Bnatural range covers every skincare need, with prices from £2.46 for its Cleansing Bar. We like the Enriching Body Butter, £3.76. **Waitrose** has a small range and its Organic Cleansing Facial Wipes, £2.99, are also good. Our advice is to cherry-pick a couple of high-end products – say, a cleanser and moisturiser. Try **The Organic Pharmacy's** Double Rose Rejuvenating Face Cream (pictured, £35.19/50ml) – a little goes a long way. **Korres'** organic line, Materia Herba, is also fabulous. Its 3 In 1 Cleansing Emulsion, £20, is a super-softening treat.



**Q** How can I stay comfortable when I go out with my baby in her carrier? A coat just feels too cumbersome.

**A:** Dress in lighter layers so neither of you will overheat. Lightweight knits worn under the carrier, such as **George's** military-inspired cardi (top, £14) or **Sainsbury's** versatile design (middle, £40), are smart but comfortable. A trench worn open over the carrier – tie the belt behind you – is another good option. **Gap's** classic version (bottom) is £78. If it's really cold, wear a thermal vest, add a scarf and remember your baby will keep you warm, too.



**Q** Can you recommend some cool looks for Christmas Day that won't get in the way when I need to feed my baby midway through having dinner?

**A:** Keep it simple. Layer clothes over a breast vest (£15, **breastvest.co.uk**), a special cami that sits under your nursing bra and covers your midriff. For quick access at feeding time, go for a wrap top – try **New Look's** pink version (left, £16) paired with a chunky necklace and smart stretch jeans (**Uniqlo** has a good



selection). Alternatively, a draping tee and cardi over plain trousers (**Whistles** and **Topshop** both have good selections of these) or a tunic dress – try **Gap** or **Kew** – over leggings are good options. Both look great with flat pumps: **Zara** has these bow peep-toes, below, for £24.90.

Finish off your outfit with a scarf, which is useful when feeding as it will keep you covered and your baby cosy. Try a classy pashmina or a simple print version.



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## Beauty trick

**Time Balm Anti-Wrinkle Concealer**, £15.50, **cultbeauty.co.uk**, is a true wonder product. It conceals dark circles, moisturises and reduces wrinkles so those broken nights don't show.

